

Series: DEEP ROOTS

8/9/2020

Message: Stand Strong...Keep Praying!

Text: Ephesians 6:10-20

## DIGGING DEEPER GUIDE

### BIG IDEA: PRAYER IS THE CORNERSTONE OF ALL WE DO

#### Getting Started

What is the best piece of clothing you have had for years and can't seem to discard? Why?

#### Reflection/Discussion Questions

1. What makes up the "armor of God" (v.14-17)? Which parts are defensive weapons? Offensive?
2. In what ways does the armor enable us to stand strong in these days? What piece of armor do you need the most in your life right now?
3. Why do you think Paul begins the letter of Ephesians by praying for the believers (1:15-23) and ends the letter by teaching them about prayer (6:10-20)? Why is prayer important?
4. What do you find most challenging about prayer in your own life? In your family? In a group?
5. "Prayer is the cornerstone of all we do." Why is this core value important at Redeemer? How does it keep the church strong?
6. What have you been struggling with lately? How does this passage help equip you to stand against temptation?
7. What are the prayer requests on your mind today?

**Prayer:** God, help us to always bring our requests to you in prayer. Help us to be honest and to share what is on our heart and mind. May we be strengthened every day to face the challenges of the world around us in Your power. May prayer be the cornerstone of all that we do. Amen.

**Going Deeper:** Read Ephesians 3:14-21, another prayer that Paul prayed for the believers in this letter. What else do you see in this passage that is important to include in prayer?

### FOCUS SCRIPTURES:

*"Stand firm, then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the gospel of peace. In addition to all of this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. Pray in the Spirit with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints." Eph. 6:14-18*